

Parent & Camper Information

Willson YMCA Outdoor Center

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Bellefontaine, OH 43311-9382
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Diabetes Dayton

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Dear Parents,

Thank you very much for enrolling your child in Diabetes Dayton's Camp Ko-Man-She camp for children with diabetes. We are dedicated to providing your camper with the safest and best program possible. This material is intended to answer common questions you and your child may have about camp. If you should have any further questions, please don't hesitate to call us!

MEDICAL INFORMATION

All completed (AND SIGNED!) health forms must be received in the Diabetes Dayton offices by June 15th, 2018. **No exceptions can be made to this rule.** Camp Physical & Health Form must be filled out and signed by a parent and a primary care physician **each year**. Campers cannot be admitted to camp until all health forms have been received.

Any prescribed medication a camper is taking must be turned in to the medical staff during check-in and will be dispensed by the medical staff during the camp session. Any exceptions must be in writing and must be cleared by both the medical director and the camp director. All medication must be in the original container with original instructions that will be followed at camp. It is a good idea to send only enough medication for your child's stay with just a few extra. It is not necessary to bring your child's glucometer, insulin or syringes or over-the-counter medications (Tylenol, Motrin, etc.). That is provided while at camp. Campers with insulin pumps or CGMS do need to bring their pump/CGM and supplies (including extra batteries). If your child has any special suggestions or concerns about their insulin administration, please share that with the doctor and nurse during medical check-in. For other medical questions, contact the Diabetes team at Children's Medical Center at 937-641-3487.

Diabetes Ketoacidosis (DKA)

***Please note: Hospitalization due to Diabetes Ketoacidosis should rarely occur with proper diabetes management. In order to ensure a safe and healthy camping experience, it is our policy that a child planning to attend camp must have no hospitalizations with Diabetes Ketoacidosis within 30 days prior to the start of camp. If a potential camper does require hospitalization and the camp fees have been paid, the fee, minus the \$25.00 processing fee, will be refunded. Diabetes Dayton will be notified by Dayton Children's Medical Center regarding any registered camper admitted with Diabetes Ketoacidosis.**

CAMP LOCATION

The camp is held at a YMCA facility in Bellefontaine, Ohio. To see pictures of the camp and its facilities, you can visit the camp's website at www.ymcawillson.org. You are also welcomed and encouraged to visit the camp prior to your child's first stay. Just phone them at 1-800-423-0427. A map and directions are included at the end of this packet.

CABIN ASSIGNMENTS

Campers are assigned to cabins according to age. We will try to honor **one** cabin mate request only if they are within one year's age difference. Please do not request that siblings who are more than two years apart be cabin mates.

CAMP VISITATION

Due to a heavy schedule of activities and the effect it could have on your child and others, we do not have a visiting time for parents or friends during the session. Please do not come for a visit because this will put you, as well as the camp staff, in a very uncomfortable position. We do encourage you to support your camper in his/her efforts. Parents are very welcome to tour and visit camp grounds before their child's stay.

CAMPER MAIL

Campers appreciate mail, even if it is only a post card. *Keep in mind, because our campers are there for a relatively short time, you may want to write and send a note soon after they leave.* In addressing mail, write and address it to:

Camper's name
Camp Ko-Man-She
Willson Outdoor Ctr
2732 County Rd 11
Bellefontaine, OH 43311-9382

PHONE

No cell phones are allowed at camp, except in the senior oldest cabin. Any other campers found with a cell phone will be sent home. Campers with CGMS must use the receiver only; no transmission of data via cell phone is allowed. Thank you for your cooperation! If you need to call the Camp or Medical Director, please call the office and we will get you in touch with them. If it's after hours, please call Susan McGovern @ 937-344-7753.

LAUNDRY

Camp does not have a laundry service for our campers. However, in emergency situations, we can have items cleaned. Please pack adequate clothing for your child. Send additional bedding if your child is a bed wetter.

CLOTHING

No fancy clothing or equipment is necessary. Do not send good/new school clothes. Send only sturdy play clothing, old towels, sleeping bags, etc. **Please mark each article of clothing with a tag or a marking pen!** Use first and last name. A sleeping bag is much easier than sheets and blankets. Use the suggested list below and go over it carefully with your child so he/she has a part in the packing. Proper camp attire will be expected at all times. Inappropriate dress (clothing that promotes or is decorated with any tobacco, alcohol, drugs or sexual references) will not be permitted.

DISCIPLINE

As always, it's "safety first", and while we want your child to enjoy themselves at camp, it's important that they understand and abide by the following rules:

1. Campers will not have in their possession, anything from the 'Do Not Bring' list (found on the "What to Bring" list). Searches will be made only with reasonable cause when it is believed that the camper is in possession of something that may harm themselves and/or another camper.
2. Campers are NOT to leave or purposely wander away (or "explore") from the group or designated camp areas.
3. Campers will not disrupt the camp program or prevent the camp staff from performing their assigned duties.
4. Campers will be respectful of others, keeping their hands and feet to themselves and speaking in a respectful manner to others.

In discipline cases, the following will occur:

- a. 1st infraction-the camper will be spoken to and counseled as to staff's expectations
- b. 2nd infraction or severe problem, the camper will be sent home and no refunds will be issued.

Please be sure your child is aware of and understands the following:

***Practical jokes (or 'prankings') are a form of emotional abuse/harassment and **ARE NOT ACCEPTABLE**. While we certainly want our campers to enjoy themselves and have fun, pranking is considered a form of hazing. Campers found to be participating in these activities may face dismissal from camp. Pranking includes any activity done to another camper (either asleep or while awake) that makes them uncomfortable.

CHECK-IN AND CHECK-OUT TIMES

DO NOT ARRIVE EARLY as the staff will still be in preparation for camp and we cannot accommodate early arrivals. Please be considerate and arrive during your child's designated arrival/departure times. It can get pretty chaotic because every camper needs to see the doctor, nurse and dietician. Campers are not permitted to leave before completing check-out with their medical team. **Do NOT bring your pets to camp check-in/out.**

Check-in time: *campers need to have eaten lunch before they arrive.

Campers ages 8-12: Sunday July 8, time TBD

Campers ages 13-17: Sunday, July 8, time TBD

Check-out time:

Campers ages 8-12: Saturday, July 14, time TBD

Campers ages 13-16: Saturday, July 14, time TBD

***PLEASE NOTE:** Any late check-ins or early check-outs need to be confirmed with the camp office and staff prior to camp.

FEES

Total camp fee balance **must** be paid in full by June 15th. We do not accept payment at camp check-in. **No camper will be permitted to remain at camp with any outstanding fees.** Make checks payable to Diabetes Dayton or pay online at www.diabetesdaytoncamp.com (Click on "Make a Payment").

CANCELLATIONS AND REFUNDS

The \$50.00 deposit is non-refundable and not transferable, except within the immediate family. In the event of the withdrawal or dismissal from camp for any reason other than illness requiring the attention of a physician, the full camp fee is non-refundable. Fees will only be refunded due to illness or injury supported by a doctor's statement, or a family emergency. *Leaving camp early because of homesickness, discipline problems, or athletic contests are not causes for refunds.* **Willson Outdoor Center reserves the right to cancel any program due to lack of enrollment, a natural disaster, or other unforeseen reasons.**

A NOTE ON HOMESICKNESS

We have very few homesick cases. However, one of the causes of homesickness is the suggestion of such occurrence before the child leaves for camp. If he/she does get homesick, the best advice we can give is to leave the child at camp under our care. Homesickness passes quickly, and your child will be a better camper for it. Of course, homesickness, in rare instances, can become so intense that it is better for the child to go home. If you anticipate that a camper may have an adjustment problem ahead of time, we strongly recommend that parents **not** tell the camper that he/she "need only call Mom or Dad, and we will come to get you". Having such an easy alternative to turn to makes it almost impossible for the camp staff to help the child deal with the very normal feelings which often occur with a first separation from the home and family.